Coverage Period: 07/01/2014 - 06/30/2015

Summary of Benefits and Coverage: What this Plan Covers & What it Costs Coverage for: Employee & Family | Plan Type: PPO



**This is only a summary.** If you want more detail about your coverage and costs, you can get the complete terms in the policy or plan document at <a href="https://www.colorado.gov/dhr/benefits">www.colorado.gov/dhr/benefits</a> or by calling 1-877-283-5424.

Important Questions	Answers	Why this Matters:
What is the overall deductible?	\$750 Ind/\$1,500 Family In- Network; \$1,500 Ind/\$3,000 Family Non-Network Does not apply to preventive care	You must pay all the costs up to the <u>deductible</u> amount before this plan begins to pay for covered services you use. Check your policy or plan document to see when the <b>deductible</b> starts over (usually, but not always, January 1 <sup>st</sup> ). See the chart starting on page 2 for how much you pay for covered services after you meet the <u>deductible</u> .
Are there other deductibles for specific services?	\$ No	You don't have to meet <u>deductibles</u> for specific services, but see the chart starting on page 2 for other costs for services this plan covers.
Is there an <u>out-of-</u> <u>pocket limit</u> on my expenses?	Yes. <b>\$2,000</b> Ind <b>/\$4,000</b> Family Network; <b>\$4,000</b> Ind <b>/\$8,000</b> Family Non-Network	The <u>out-of-pocket limit</u> is the most you could pay during a coverage period (usually one year) for your share of the cost of covered services. This limit helps you plan for health care expenses.
What is not included in the <u>out-of-pocket</u> <u>limit?</u>	Premiums, balance-billed charges, care not covered and penalties for failure to obtain preauthorization for services.	Even though you pay these expenses, they don't count toward the <b>out-of-pocket limit</b> .
Is there an overall annual limit on what the plan pays?	No	The chart starting on page 2 describes any limits on what the plan will pay for <i>specific</i> covered services, such as office visits.
Does this plan use a network of providers?	Yes. For a list of network providers, see:  www.colorado.welcometouhc.com/home or call 1-877-283-5424.	If you use a Network doctor or other health care <u>provider</u> , this plan will pay some or all of the costs of covered services. Be aware, your Network doctor or hospital may use a Non-Network <u>provider</u> for some services. Plans use the term in-network, <u>preferred</u> , or participating for <u>providers</u> in their <u>network</u> . See the chart starting on page 2 for how this plan pays different kinds of <u>providers</u> .
Do I need a referral to see a specialist?	No	You can see the <b>specialist</b> you choose without permission from this plan.
Are there services this plan doesn't cover?	Yes	Some of the services this plan doesn't cover are listed on page 5. See your policy or plan document for additional information about <u>excluded services</u> .

Questions: Call 1-877-283-5424 or visit us at www.colorado.gov/dhr/benefits

If you aren't clear about any of the underlined terms used in this form, see the Glossary.

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OMB Control Numbers 1545-2229, 1210-0147, and 0938-1146

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- Copayments are fixed dollar amounts (for example, \$15) you pay for covered health care, usually when you receive the service.
- <u>Coinsurance</u> is *your* share of the costs of a covered service, calculated as a percent of the <u>allowed amount</u> for the service. For example, if the plan's <u>allowed amount</u> for an overnight hospital stay is \$1,000, your <u>coinsurance</u> payment of 20% would be \$200. This may change if you haven't met your <u>deductible</u>.
- The amount the plan pays for covered services is based on the <u>allowed amount</u>. If an out-of-network <u>provider</u> charges more than the <u>allowed amount</u>, you may have to pay the difference. For example, if an out-of-network hospital charges \$1,500 for an overnight stay and the <u>allowed amount</u> is \$1,000, you may have to pay the \$500 difference. (This is called <u>balance billing</u>.)
- This plan may encourage you to use network **providers** by charging you lower **deductibles**, **copayments** and **coinsurance** amounts.

Common Medical Event	Services You May Need	Your Cost If You Use an In-network Provider	Your Cost If You Use an Out-of-network Provider	Limitations & Exceptions
	Primary care visit to treat an injury or illness	\$30 copay/visit	50% coinsurance after deductible	none
IC	Specialist visit	\$50 copay/visit	50% coinsurance after deductible	none
If you visit a health care <u>provider's</u> office or clinic	Other practitioner office visit	\$50 copay/visit	50% coinsurance after deductible	20 visits/plan year each for acupuncture and chiropractic services; 20 visits/plan year each for physical, occupational or speech therapy.
	Preventive care/screening/immunization	No charge	50% coinsurance	Deductible does not apply for most Non-Network services
If have a toot	Diagnostic test (x-ray, blood work)	10% coinsurance after deductible	50% coinsurance after deductible	none
If you have a test	Imaging (CT/PET scans, MRIs)	10% coinsurance after deductible	50% coinsurance after deductible	none

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Common Medical Event	Services You May Need	Your Cost If You Use an In-network Provider	Your Cost If You Use an Out-of-network Provider	Limitations & Exceptions
If you need drugs to treat your illness or	Generic drugs	Retail: \$10 Mail Order: \$25	Retail: \$10 Mail Order not covered	Cost listed is copay amount per
More information	Preferred brand drugs	Retail: \$25 Mail Order: \$62.50	Retail: \$25 Mail Order not covered	prescription. Retail: Up to a 31-day supply. Mail Order: Up to a 90-day supply.
about prescription drug coverage is available at: http://www.colorado.	Non-preferred brand drugs	Retail: \$50 Mail Order: \$125	Retail: \$50 Mail Order not covered	Certain drugs, including certain specialty drugs, may need to be obtained from a designated pharmacy.
welcometouhc.com	Specialty drugs	Retail: \$25 or \$50 Mail Order: \$62.50 or \$125	Retail: \$25 or \$50 Mail Order not covered	
If you have	Facility fee (e.g., ambulatory surgery center)	10% coinsurance after deductible	50% coinsurance after deductible	none
outpatient surgery	Physician/surgeon fees	10% coinsurance after deductible	50% coinsurance after deductible	none
TC 1	Emergency room services	\$500 copay	10% coinsurance after deductible	Network deductible and coinsurance apply for Non-Network services.
If you need immediate medical attention	Emergency medical transportation	10% coinsurance after deductible	10% coinsurance after deductible	Notification requirements apply for non-emergency services.
attention	Urgent care	\$75 copay	50% coinsurance after deductible	none
If you have a	Facility fee (e.g., hospital room)	\$750 copay/stay + 10% coinsurance	50% coinsurance after deductible	Network deductible does not apply.
hospital stay	Physician/surgeon fee	10% coinsurance after deductible	50% coinsurance after deductible	none

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Common Medical Event	Services You May Need	Your Cost If You Use an In-network Provider	Your Cost If You Use an Out-of-network Provider	Limitations & Exceptions
	Mental/Behavioral health outpatient services	\$30 copay/visit	50% coinsurance after deductible	Medication Management will be paid at 100%.
If you have mental health, behavioral	Mental/Behavioral health inpatient services	\$750 copay/stay + 10% coinsurance	50% coinsurance after deductible	Network deductible does not apply.
health, or substance abuse needs	Substance use disorder outpatient services	\$30 copay/visit	50% coinsurance after deductible	Medication Management will be paid at 100%.
	Substance use disorder inpatient services	\$750 copay/stay + 10% coinsurance	50% coinsurance after deductible	Network deductible does not apply.
	Prenatal and postnatal care	Physician's office - \$30 copay	50% coinsurance after deductible	Network copay will only apply to the initial office visit.
If you are pregnant	Delivery and all inpatient services	\$750 copay/stay + 10% coinsurance	50% coinsurance after deductible	Network deductible does not apply. Notification/Precertification is required if inpatient stay exceeds 48 hours for normal delivery or 96 hours following a caesarian delivery.
	Home health care	10% coinsurance after deductible	50% coinsurance after deductible	Limited to 100 visits/plan year.
	Rehabilitation services	\$50 copay/visit	50% coinsurance after deductible	Limited to 20 visits each for PT, OT and ST per plan year.
If you need help recovering or have	Habilitation services	\$50 copay/visit	50% coinsurance after deductible	Limited to 20 visits each for PT, OT and ST per plan year.
other special health needs	Skilled nursing care	10% coinsurance after deductible	50% coinsurance after deductible	Limited to 30 days/plan year.
liceus	Durable medical equipment	10% coinsurance after deductible	50% coinsurance after deductible	none
	Hospice service	10% coinsurance after deductible	50% coinsurance after deductible	Covered benefit for covered persons with a life expectancy of six months or less.
If your child needs dental or eye care	Eye exam	\$30 copay Optometrist/\$50 copay Specialist	Not covered	Limited to one exam every 12 months.

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Common Medical Event	Services You May Need	Your Cost If You Use an In-network Provider	Your Cost If You Use an Out-of-network Provider	Limitations & Exceptions
	Glasses	\$25 copay	Limited benefit	Every 24 months: Eyeglass lenses 100% Frames \$130 / Contacts \$150
	Dental check-up	Not covered	Not covered	none

#### **Excluded Services & Other Covered Services:**

- Cosmetic surgery
- Dental care (adult/child unless accidental)
- Infertility treatment
- Long-term care
- Non-emergency care when traveling outside the U.S.
- Private Duty Nursing
- Routine foot care
- Weight loss programs

Other Covered Services (This isn't a complete list. Check your policy or plan document for other covered services and your costs for these services.)

• Acupuncture

Chiropractic care

Bariatric surgery

Hearing aids

#### **Your Rights to Continue Coverage:**

If you lose coverage under the plan, then, depending upon the circumstances, Federal and State laws may provide protections that allow you to keep health coverage. Any such right may be limited in duration and will require you to pay a **premium**, which may be significantly higher than the premium you pay while covered under the plan. Other limitations on your rights to continue coverage may also apply.

For more information on your rights to continue coverage contact the plan at 1-877-725-4545. You may also contact your state insurance department, the U.S. Department of Labor, Employee Benefits Security Administration at 1-866-444-3272 or <a href="www.dol.gov/ebsa">www.dol.gov/ebsa</a>, or the U.S. Department of Health and Human Services at 1-877-267-2323 x61565 or <a href="www.cciio.cms.govnefit">www.cciio.cms.govnefit</a>

Questions: Call 1-877-283-5424 or visit us at www.colorado.gov/dhr/benefits

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Your Grievance and Appeals Rights: If you have a complaint or are dissatisfied with a denial of coverage for claims under your plan, you may be able to <u>appeal</u> or file a <u>grievance</u>. For questions about your rights, this notice, or assistance, you can contact: Member Services at 1-877-283-5424 or the Division of Human Resources, Employee Benefits Unit at 1-800-719-3434 or 303-866-3434.

#### **Does this Coverage Provide Minimum Essential Coverage?**

The Affordable Care Act requires most people to have health care coverage that qualifies as "minimum essential coverage." This plan or policy does provide minimum essential coverage.

#### Does this Coverage Meet the Minimum Value Standard?

The Affordable Care Act establishes a minimum value standard of benefits of a health plan. The minimum value standard is 60% (actuarial value). This health coverage does meet the minimum value standard for the benefits it provides.

#### **Language Access Services:** Spanish (Español): Para obtener asistencia en Español, llame al 1-877-283-5424.

-To see examples of how this plan might cover costs for a sample medical situation, see the next page:

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# **About these Coverage Examples:**

These examples show how this plan might cover medical care in given situations. Use these examples to see, in general, how much financial protection a sample patient might get if they are covered under different plans.



# This is not a cost estimator.

Don't use these examples to estimate your actual costs under this plan. The actual care you receive will be different from these examples, and the cost of that care will also be different.

See the next page for important information about these examples.

# Having a baby

(normal delivery)

- Amount owed to providers: \$7,540
- Plan pays \$ 6,420
- Patient pays \$ 1,120

#### Sample care costs:

Total	\$7,540
Vaccines, other preventive	\$40
Radiology	\$200
Prescriptions	\$200
Laboratory tests	\$500
Anesthesia	\$900
Hospital charges (baby)	\$900
Routine obstetric care	\$2,100
Hospital charges (mother)	\$2,700

#### Patient pays:

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Deductibles	\$0
Copays	\$770
Coinsurance	\$200
Limits or exclusions	\$150
Total	\$1,120

### **Managing type 2 diabetes**

(routine maintenance of a well-controlled condition)

- Amount owed to providers: \$5,400
- Plan pays \$ 3,800
- Patient pays \$ 1,600

#### Sample care costs:

Prescriptions	\$2,900
Medical Equipment and Supplies	\$1,300
Office Visits and Procedures	\$700
Education	\$300
Laboratory tests	\$100
Vaccines, other preventive	\$100
Total	\$5,400

#### Patient pays:

Deductibles	\$750
Copays	\$660
Coinsurance	\$110
Limits or exclusions	\$80
Total	\$1,600

Coverage for: Employee & Family | Plan Type: PPO

# **Questions and answers about the Coverage Examples:**

# What are some of the assumptions behind the **Coverage Examples?**

- Costs don't include **premiums**.
- Sample care costs are based on national averages supplied by the U.S. Department of Health and Human Services, and aren't specific to a particular geographic area or health plan.
- The patient's condition was not an excluded or preexisting condition.
- All services and treatments started and ended in the same coverage period.
- There are no other medical expenses for any member covered under this plan.
- Out-of-pocket expenses are based only on treating the condition in the example.
- The patient received all care from innetwork **providers**. If the patient had received care from out-of-network providers, costs would have been higher.

#### What does a Coverage Example show?

For each treatment situation, the Coverage Example helps you see how deductibles, copayments, and coinsurance can add up. It also helps you see what expenses might be left up to you to pay because the service or treatment isn't covered or payment is limited.

# **Does the Coverage Example** predict my own care needs?

**No.** Treatments shown are just examples. The care you would receive for this condition could be different based on your doctor's advice, your age, how serious your condition is, and many other factors.

# **Does the Coverage Example** predict my future expenses?

**No.** Coverage Examples are <u>not</u> cost estimators. You can't use the examples to estimate costs for an actual condition. They are for comparative purposes only. Your own costs will be different depending on the care you receive, the prices your providers charge, and the reimbursement your health plan allows.

# Can I use Coverage Examples to compare plans?

✓ Yes. When you look at the Summary of Benefits and Coverage for other plans, you'll find the same Coverage Examples. When you compare plans, check the "Patient Pays" box in each example. The smaller that number, the more coverage the plan provides.

# Are there other costs I should consider when comparing plans?

✓ Yes. An important cost is the premium you pay. Generally, the lower your premium, the more you'll pay in out-ofpocket costs, such as copayments, deductibles, and coinsurance. You should also consider contributions to accounts such as health savings accounts (HSAs), flexible spending arrangements (FSAs) or health reimbursement accounts (HRAs) that help you pay out-of-pocket expenses.